

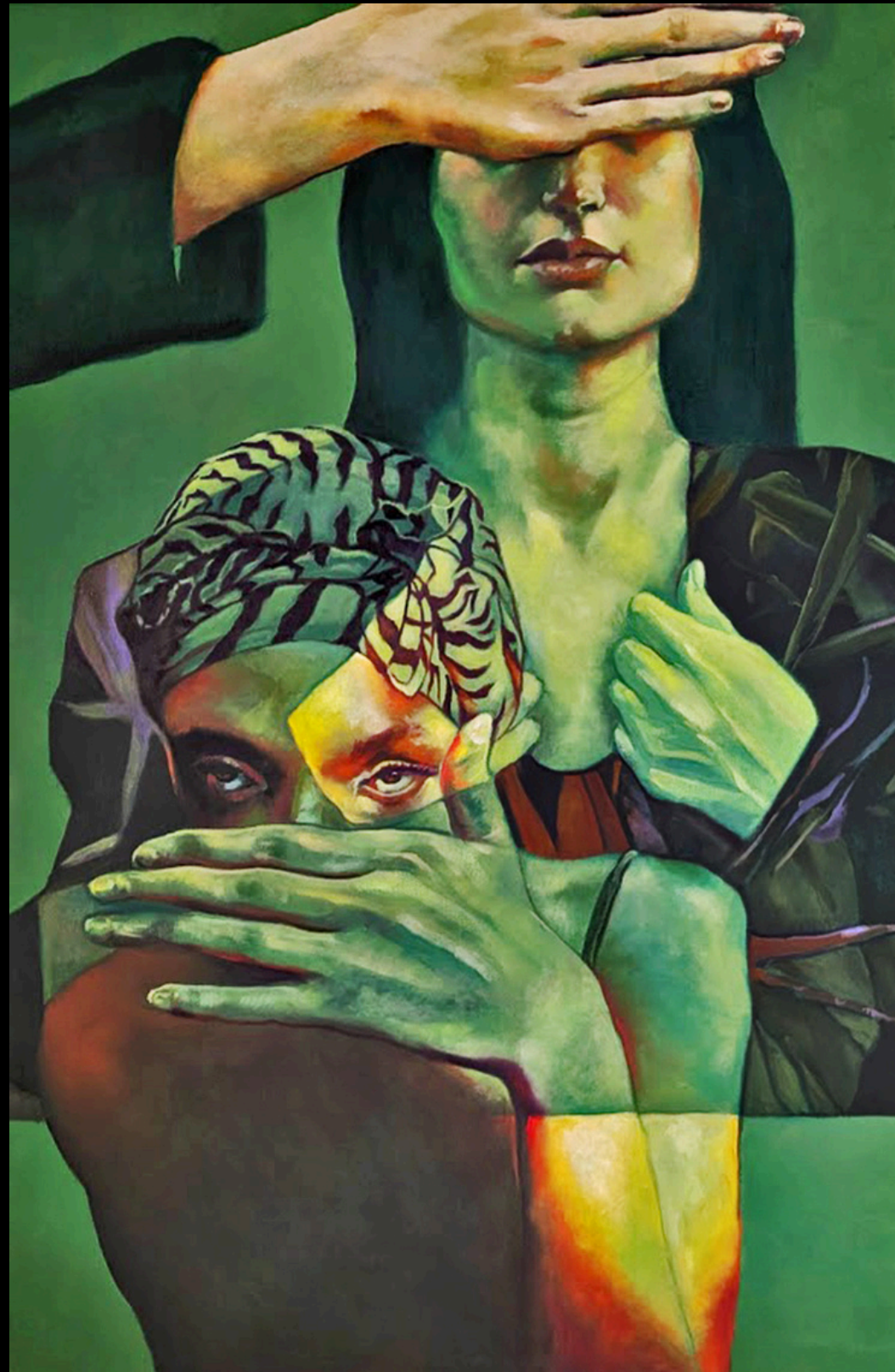
# TAMARA POFF

# Artist Portfolio

The Dream Keeper, 2026, 24" x 20"



Two Steps Back, 2025, 36" x 24"  
(SOLD)



Jersey Girl, 2026, 36" x 24"





# About

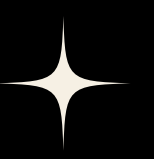
Tamara Poff is a Tucson-based narrative painter whose work explores the lives, memories, and resilience of women across generations. Working primarily in oil, she creates figurative paintings that blend personal experience, historical references, and contemporary themes to tell stories that are both intimate and universal.







# *Inspired by - legacy...*



Flowers for Grandma Effie, 2025  
24" x 24"



Womens Work, 2025  
24" x 24"



Connected, 2025  
24" x 24"





# *history ...*

Echoes of Generations, 2025  
36" x 24"



Soul Sisters, 2023  
36" x 24"



When Your Past Won't Mind Her Own Business,  
2025  
30" x 24"





# *...and allegory.*

Refuse, 2024  
24" x 20" (SOLD)



Dish, 2023  
36" x 24" (SOLD)



Wild Flowers of the West, 2025  
20" x 20"





## Education

B.A. in Art Education, Michigan State University, East Lansing, Michigan. 1979  
post-graduate studies toward an M.F.A. at Kendall College of Art and Design, Grand Rapids, Michigan, painting emphasis, 2000–2002

## Selected Recognition [ 2024–2026 ]

- 2024 Carmody Foundation Art for Good Grant
- 2024 Art for Good, Second in Show Award
- 2026 Solo Exhibition: A Legacy of Spirit, Shemer Art Center & Museum

**Currently working on** “Portraits of the Dance”, an ongoing series of narrative figurative paintings that uses dancers as metaphors for women's inner journeys. Removed from performance and shown in moments of reflection, these works explore resilience, identity, vulnerability, and the tension between public presence and private experience.

## Selected Juried Exhibitions

2023–2025

- 2025, *Emerging Voices*, Bella Fine Art Gallery, Scottsdale, AZ
- 2025 *Portals and Passages*, MVA Art Gallery, Bethlehem, PA
- 2024, *Captured Moments*, Shemer Art Center & Museum, Phoenix, AZ,
- 2024, *Faces and Figures*, Las Laguna Gallery, Laguna Beach, CA
- 2024, *Ladies Night*, Covet Art Gallery, Oceanside, CA
- 2023, *San Diego Museum of Art Artists Guild Exhibition*, San Diego, CA
- 2023, *Best and Brightest*, Scottsdale Artists School
- 2023 *Go Figure*, Herberger Theater Center Gallery, Phoenix, AZ

*Education & experience*





# *Exhibition photos*

Shemer Art Center &  
Museum, 2026  
"A Legacy of Spirit"  
Solo Show

Herberger Theater  
Gallery 2023  
"For Veena"  
created 2023





# *Work with me*

Currently represented by b-art, Phoenix, AZ

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[www.tamarapoff.com](http://www.tamarapoff.com)

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Tucson, AZ



Ode to Tye Leung Schulze, 2026, 30" x 40"

